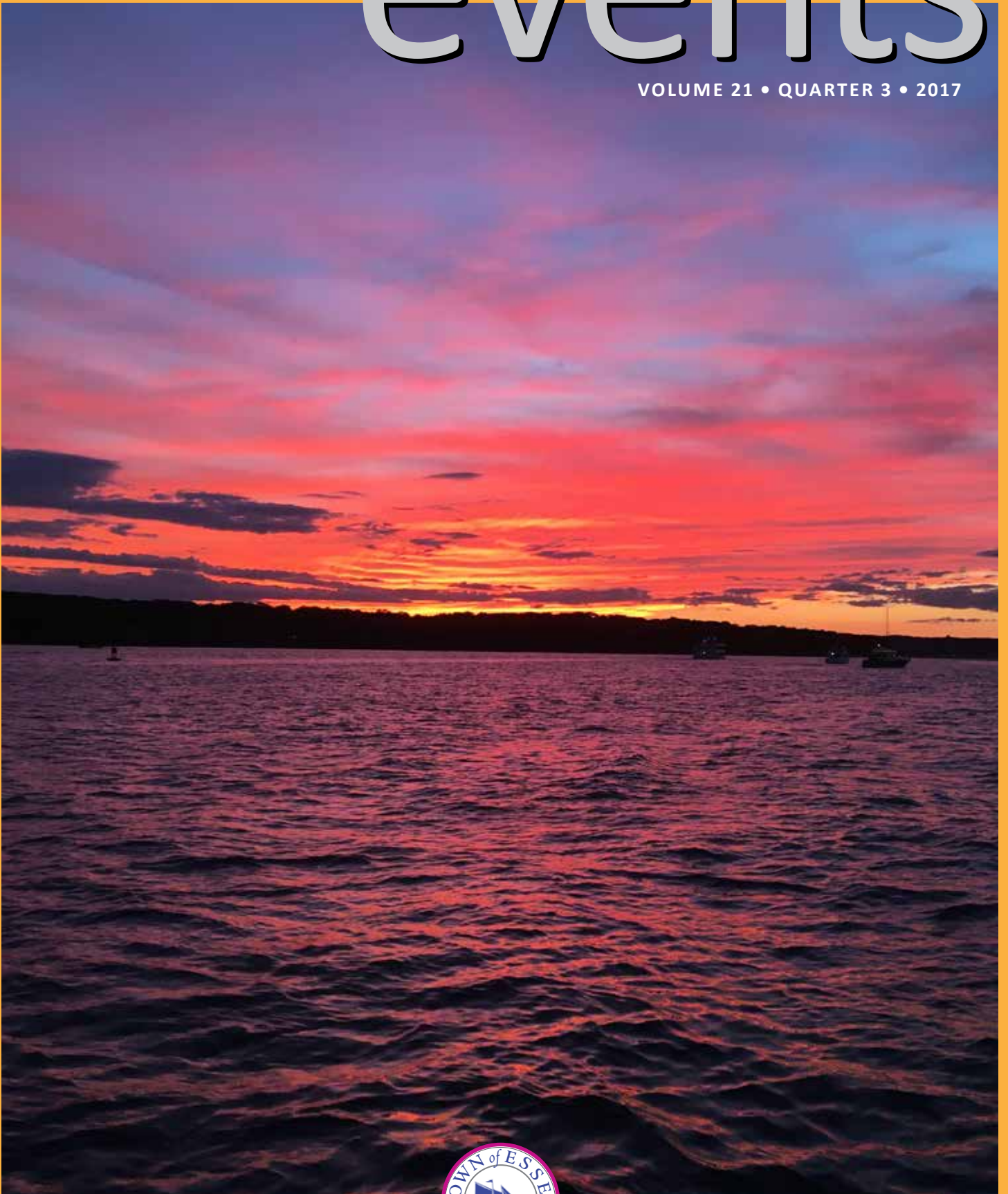


Essex events

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First Selectman's Corner

Dear Friends and Neighbors,
Summer is in full swing! It's nice to see so many residents and visitors in town enjoying the civic campus, marinas, shops, restaurants, and attractions that make Essex a unique place to live, work and play. I encourage you to take advantage of all there is to experience in the villages of Essex this time of year!

I would like to thank all the Essex residents for unanimously supporting the annual budget. A \$24,078,267 combined town and schools budget plan for fiscal year 2017-2018 was approved by voters at the annual budget meeting held May 8th. The total spending package, which reflects a 1.42% increase over the current fiscal year total, includes the town government budget, an appropriation for Essex Elementary School, and the Town's share of the Region 4 education budget.

Construction is underway on the replacement of the Walnut Street Bridge in Ivoryton. The project involves removing the existing structure and replacing it with a single span design. The section of Walnut Street between Main Street and Comstock Avenue will be closed during construction. We anticipate substantial completion by the end of November so that the bridge can be open for the winter months. In spring, the road will close again for a short time to complete the final work. During road closures,

a detour sign will be set up to direct traffic. Please use caution and pay close attention to police officers, flaggers, and construction sign directions.

I would like to remind residents that the Town of Essex does not have an ordinance on the hours of operation in which a contractor or landscaper may work at a property in our community. We would expect such hours to be 7 am - 5 pm on weekdays with more limited work on the weekends. We rely on our residents to be neighborly and considerate by ensuring that construction, and the use of power tools and landscaping equipment, be used only during these times. Please be mindful of your neighbors' right to enjoy their property.

We have had some reports of street lights being out or flickering in various locations throughout town. If you see a street light problem please contact Eversource directly at 1-800-286-2000 or go online to report at Eversource.com under programs and services. If it's an emergency, life threatening situation or downed wire please call 911.

continued on page 3



Norm Needleman
First Selectman

An advertisement for Saybrook Country Barn. The background is a photograph of a well-maintained outdoor patio area. In the foreground, there is a white plastic outdoor dining set with four chairs and a round table. The chairs have blue cushions. On the table, there are plates of food, glasses, and a straw hat. The patio is paved with grey stone tiles. In the background, there is a swimming pool, a lawn, and a large body of water (a lake or river) with several boats. A house is visible on the left side of the image. The sky is blue with some clouds.

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First Selectman's Corner...

continued from page 1

Congratulations to our Resident State Trooper David Tretter for being honored at the 21st annual "Salute to Connecticut's Finest."

The event, held by the Connecticut District Exchange Clubs, honored State Police Officers and Officers from local departments across the State for their service to CT and their communities. Trooper Tretter received the award for solving several felonies and excellent case work.

I'd like to thank the Public Safety Committee: Selectman Stacia Libby, Fire Chief Paul Fazzino, Assistant Fire Chief Ethan Goller, Officer Paul Kenefick, Jim Connelly and Judi Reynolds. I'd also like to thank the volunteers from Essex Fire Engine Co. # 1, Essex Ambulance, Essex Police, and Emergency Management for their participation in Public Safety Day that was held on June 11th at the Essex Firehouse Headquarters. Special thanks to ICRV Radio

for real time radio coverage and Lenny and Joe's Food Truck for the great food. This event has helped to put a spotlight on the need for first responders in our community. We need members of the public to step forward, commit, and become trained to help us keep Essex residents safe. Please consider becoming a volunteer. For more information on volunteering contact the First Selectman's office at 860-767-4340 x145.

I hope to see you at the Summer Concert Series, sponsored by the Park and Rec. Department, which runs through the middle of August at our Town greens in Essex and Ivoryton. Concerts are Tuesday evenings in Ivoryton and Wednesday evenings in Essex from 6:30 pm – 8 pm. The Ivoryton Village Farmer's Market is on Saturdays from 10 am – 1:30 pm through September 30th on the Ivoryton Village green.

All the Best, Norm

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Tax Collector Megan Haskins

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We do not accept credit or debit cards in our office at this time.

Change in ownership of real property is recorded in the Town Clerk's office. The tax office records are updated periodically by the Assessor. New owners who will be paying their taxes directly to the tax office (not escrowing taxes through a mortgage lender) need to contact the tax office at (860) 767-4340 ext. 120 to learn when the next tax payment will be due and the amount. Please do not assume a tax bill will be sent to you.

Do not attempt to register or re-register a vehicle if you have unpaid municipal motor vehicle taxes. You must pay all your delinquent motor vehicle tax bills before you can register or re-register any vehicle. Pay online and you will be released at the Department of Motor Vehicles on the next business day. Pay by cashier's check, money order or cash in the office to receive immediate clearance. Paying by personal check or e-check will delay the release for 10 business days. Clearance slips are no longer accepted at the DMV.

DMV now provides many online services. Please take the time to check your license, vehicle registration and emissions status. You can cancel your plates online (be sure to print a receipt of the cancellation) and you can re-register certain vehicles online (check out the timeframe). Visit the Connecticut Department of Motor Vehicles website at www.ct.gov/dmv.



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Town Clerk

Town Clerk's Office

Submitted by Yvonne Roziak, Assistant Town Clerk

Welcome to Centerbrook, Essex and Ivoryton

Melissa Chevalley	19 Parker Terrace	Essex
William & Patricia Martin	184 Main Street	Ivoryton
Jerard Maher & Linda Bruno	49 North Main Street	Essex
Erik Joslyn & Kelsey Hamel	11 Windswept Ridge Rd.	Ivoryton
William & Mary Sandberg	4 Crosstrees Hill Rd.	Essex
Bruce & Suzanne Polsky	9 Brookside Lane	Essex
Kathleen Callahan	45 Main Street	Ivoryton
Scot Hougrand & Michelle Roise	25 West Hills Road	Ivoryton
Alexander & Lindsay Ciccone	12 Carol Drive	Ivoryton
Jacquelyn Nelson & John Carr III	16 Navy Lane	Essex
David & Jessica Connell	22 Melody Lane	Ivoryton
Candace E. Holmes	14 Collins Lane	Essex
Douglas A. Kneeland	8 Chestnut Street	Ivoryton
Timothy S. Bassett	21 Oak Drive	Centerbrook
John & Melissa Spratt	10 Chestnut Street	Ivoryton
Margaret Young	11 Brookside Lane	Essex
Katherine & Colin Campbell	6 Parker Terrace	Essex
Ross Benedict & Jessica Lynn Devine	21 Rosewood Lane	Ivoryton
Eugenio Jimenez	16 Sheagren Hill Rd.	Centerbrook
Antoine & Helena Arlaud	88 North Main St.	Essex

continued on page 8

Loss of Residents and Friends

March

Margaret M. Haughey
Jean P. McLeod
Charles S. Ingersoll
John Haydu
Laurie C. Hernandez
James H. Danks

April


Joseph Rumbough Jr.
Mary J. Rowley
Catherine W. Wind
Doris S. Larson

May

Matilda A. Colihan
George Rambeau
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Orbra C. Cooke
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Town Clerk... continued from page 6

Resident Transfer Station Pass Renewals FOR HOUSEHOLD GARBAGE ONLY



Beginning October 2, 2017, your current Transfer Station Sticker will expire. Annual Stickers can only be purchased through the Town Clerk's office. Punch cards can be purchased at the Town Transfer Station as

well as the Town Clerk's office for a fee of: \$ 25.00 per card (10 punches per card for 10 bags of household trash) - no cash can be accepted at the Town Transfer station. Check, money order and debit/credit only.

For those residents that will be renewing their annual sticker(s) - each household will be allowed a total of 2 stickers.

A renewal application will be mailed out the week of September 11, 2017. You will need to update and complete the application and mail it with your payment (check or money order, no credit card or cash will be accepted via mail) of:

\$125.00 per year (age 64 or younger)

\$ 75.00 per year (age 65 or older)

We will then mail back to you the appropriate # of sticker(s) based on the information received.

If you will be coming into the Town Clerk's office for your first time or renewal sticker, you will be able to come in anytime starting the week of September 18, 2017. Be sure to have with you your driver's license and your vehicle license plate information. The Town Clerk's office can accept cash, money order, check or credit card. Note: If you currently have private garbage pick up you do NOT need to purchase a Transfer Sticker or punch card. As a Town Resident you are entitled to drop off recyclables and brush by proving you are a resident at the entrance of the Transfer Station.



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Deep River \$139,900
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Dee Hasuly 860-214-1864



Chester \$239,000
Mint, move-in condition 3 BDRM ranch. Renovated KIT w/ granite counter tops, remodeled bath, hrdwd flrs, LR w/ FP, attached one car garage.
Diane Gregory 860-395-8433



Deep River \$449,000
CT River views! MINT Cape w/1st flr MBR, new granite KT & 4 season rm overlooking beautiful gardens. EZ one flr living w/2 BRs on 2nd flr.
Joel Lucas 860-304-9150



Deep River \$429,900
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Rick Greene 860-395-6832



Chester \$999,999
This timeless gem on over 4 acres - the home is a 6200+ sq ft built in 2007 with a focus on casual luxury living. Lrg FF MBR-suite w/ private terrace.
Joel Lucas 860-304-9150



Essex \$1,495,000
Outstanding views in this renovated historic village residence. Large, open KIT /great room w/ FP and French doors to a covered porch.
Diane Gregory 860-395-8433



Essex \$949,900
Essex Village home on River Rd w/ lrg 1st floor MBDRM suite. Renovated KIT & BAs. Open flow, lrg rms, vaulted ceilings, 4 car garage.
Joel Lucas 860-304-9150



Essex \$699,000
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Joel Lucas 860-304-9150



Essex \$699,000
Essex Village reproduction Colonial close to water access on Middle Cove for boating. Hrdwd flrs, FP, FF MBR, C/A, one car garage.
Joel Lucas 860-304-9150



Essex \$450,000
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Laurel Peters 860-306-2812



Essex \$419,000
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Essex \$399,900
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Joel Lucas 860-304-9150



Essex \$369,500
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Rick Allen 860-575-4200



Essex \$369,000
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Rick Allen 860-575-4200



Essex \$355,000
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Bobbi McBride Doyen 860-662-0271

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Essex Garden Club 2017 Scholarships

The Essex Garden Club recently awarded college scholarships to three area students:

Annie Brown of Essex, who attends the University of Vermont, is pursuing a major in Elementary Education with a minor in Environmental Studies.

Daniel Taylor of Ivoryton, a 2017 graduate of Valley Regional High School, will attend Vassar College in the fall to study Biology.

Haley Hammen of Essex, a 2017 Valley Regional High School graduate, will attend Pennsylvania State University in the fall to study Biology.

In addition, the Garden Club is proud to provide funding for young children from Essex, Ivoryton and Centerbrook to attend local nature camps. This year, scholarships were given the Essex Parks and Recreation Summer Program for 25 children to attend their one-week nature and science sessions. Also, the Club has provided funding to allow 4 students to attend camp at The Bushy Hill Nature Center, which provides 2 weeks of in-depth nature experience.

The Essex Garden Club sincerely thanks all who support the annual May Market, the proceeds of which enable the Club to make these donations. This year, additional scholarship funds were contributed in memory of Garden Club members who were devoted to the education of young people in our community.



Essex Garden Club Scholarship committee chair, Anne Elich with 2017 scholarship recipients Daniel Taylor and Haley Hammen. Missing from photo, Annie Brown. Photo courtesy of Leslie Barlow.

Dedication of the Garden of Peace

The Centerbrook Cemetery is situated at 37 Westbrook Road. It was established in 1838 and holds the graves of many notable early residents of the three villages of Essex. This accessible, beautiful cemetery is surrounded by wonderful New England foliage and spans five acres. As you enter the American Flag welcomes you and, at its base, recognition is given to the VFW and the Fire Department.



A newly created Garden of Peace is home to a Columbarium which is an above ground structure with niches for cremains. Each niche could contain up to two urns. Cremation lots are also available in the Garden.

Please join us as we dedicate the Garden of Peace on Sunday, August 13th at 2:00 pm. Light refreshments will be served.

continued on page 12



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18 Lookout Hill, Essex
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Garden of Peace... continued from page 10

Future plans for the cemetery include a memorial site honoring all those who have served our country and community. We hope to conduct walking tours through the oldest sections in the near future. Should anyone have stories or information about their families we would like to hear from you as we research this history. "Taking Care of Our Ancestors" was a recently conducted Gravestone Cleaning workshop held in June. Free instruction and materials were provided to attendees; another workshop will be held if there is sufficient interest.

Beautification plans continue with additional colorful plantings, improvements to paved driveway areas and replacement of some fencing. Memorial gifts and/or donations to continue this work are always greatly appreciated.

Centerbrook Cemetery Assoc.
PO Box 145, Centerbrook, CT 06409
Russell Rankin, Superintendent - 860-227-8265
Visit our website at centerbrookcemetery.org.

Essex Land Trust - Stone Walls

By Lily Nesco

Editor's note: Stone Walls are part of the



landscape being preserved in many Essex Land Trust properties. While we enjoy wildlife and vegetation in our wanderings, we should also remember that many of properties were once farmed and were used for grazing. Stone walls are the remnant of another time and connect us with our past. Oliver Bowles, a mining engineer, estimated in 1939 that over 259,000 miles of stone walls stood in the Northeast, with the greatest number in New England.

Today it is estimated that half that number remain. The demise of these walls is difficult to stop simply because of their commercial value. Strip mining of stone walls is a lucrative business and although walls located on public property are easier to protect, those on private property are not. The continued loss of these walls has prompted towns like Redding, Woodstock, and Harwinton to pass ordinances to protect them.

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New England Stone Walls

Early English settlers, adept at building walls from stone commonly found in England, discovered an abundance of wood instead when they first came to New England. Wooden fences and enclosures lined fields until widespread deforestation from farming exposed an abundance of stones buried below layers of soil. Farmers faced with the need to clear these stones to grow crops created “dumped walls” (stones piled along the edges of fields). Later farmers transformed these stone piles into linear walls and dry-stone walls became preferred over wood. Most of the region’s stone walls were built between 1775 and 1825 and by the end of the 19th century most were made of fieldstone in New England. By 1871 approximately one-third of the 61,515 miles of fencing in Connecticut was stone.

Unfortunately, as farming declined, forests reclaimed many properties obscuring stone walls under composted leaves and trees. New England stonewalls, unlike English stone walls, were not commonly built using capstones-flat rocks at the top of the wall, which offer protection from the leaves, and moisture that accumulate between the stones and eventually collapse it from within.

Andrew Pighills of English Gardens and Landscaping, who recently spoke on stone walls and structures at the Essex Library, **continued on page 14**



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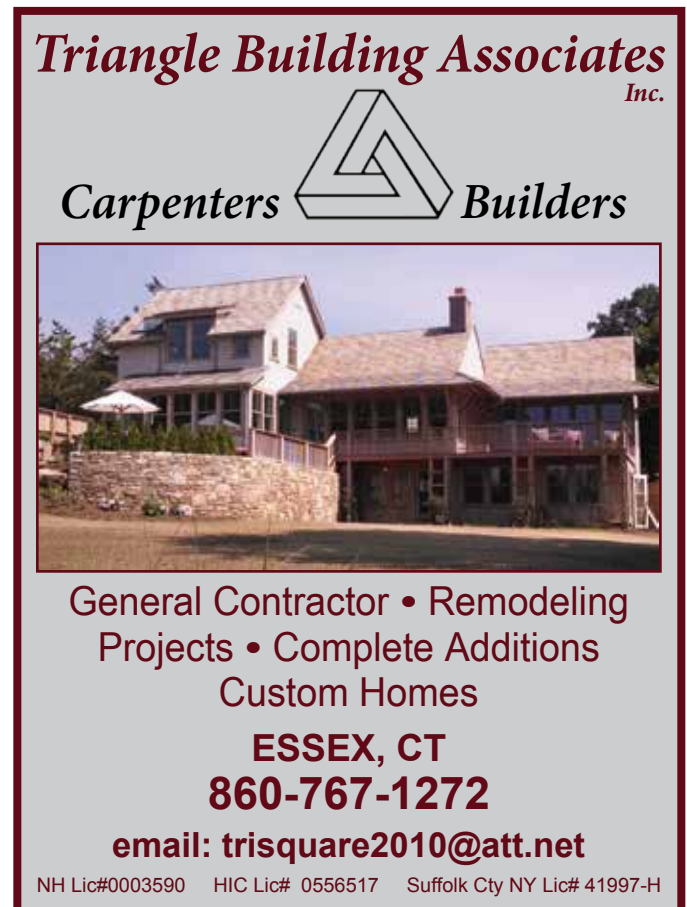
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Stone Walls... continued from page 13

pointed out that rural New England was mostly grassland in the early 1900s and is now mostly forested, leaving stone walls crumbling or buried under brush or new construction.

According to Pighill, stone walls can be constructed with or without mortar; however, a dry-stone wall does not need mortar to stand indefinitely if it is constructed using the right pattern and the right stones. A bridge in New Hampshire built in the 1840s and one constructed without mortar stills stands today. Walls can weaken over time when animals habitually rub against them, and seedlings that sprout at the bottom of a wall will eventually gain enough strength to topple it. However, if left undisturbed, dry-stone walls will continue to stand as a legacy to a skill that is still practiced today.



Notable Connecticut Stone Walls

The list that follows mentions some examples of notable stone walls that exist today.

BROOKLYN: Stonewalls are abundant because of the shape and size of the stones natural to this area.

FARMINGTON: Walls that parallel the entry to Hill-Stead Museum are built almost entirely of black basalt boulders.

GUILFORD: A double-stack wall stands along the perimeter of the Henry Whitfield Museum property.

MANSFIELD: A wall more than 20 feet wide in places stands approximately two-thirds west of the historical museum in the historic district.

NORWICH and GRISWOLD: rich in stonewalls.

OLD MYSTIC: farmstead walls are visible throughout this town.

PRESTON and LEDYARD: The Pequot Trail has a stretch of old stone walls that run along the right-hand side of the Trail, beginning at the 1.7-mile mark, just past Deer Ridge Road.

North Stonington: Randall's Ordinary has stacked walls and lace walls - stacked walls with space between the stones to contain livestock.

STONINGTON: Roadside stonewalls abound that were no more than piles of stones the first white farmers cleared from fields. A wall bordering the back of First Congregational Church, at 903 Pequot Trail (Route 234) is an example of a wall that was topped by capstones.

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WEST HARTFORD: An estate wall built of red Jurassic sandstone on private property is visible from the street on the north side of the intersection of Albany Avenue and Prospect Street.

WOODSTOCK: well-laid fieldstone walls can be found in the Southeastern Hills of Woodstock

Further reading: Robert M. Thorson, *Exploring Stone Walls* (Walker & Company, 2005). University of Connecticut: Stone Wall Initiative <http://stonewall.uconn.edu>. Corey Schweizer,

“The Geology of Colonial New England Stone Walls” <http://www.primaryresearch.org/stonewalls/schweizer/>. John-Manuel Andriote “The History, Science and Poetry Of New England’s Stone Walls”. <http://www.earthmagazine.org/article/history-science-and-poetry-new-englands-stone-walls>. Gary Santaniello “A Stone’s Throw from History,” *New York Times*, Nov 18, 2005 <http://www.nytimes.com/2005/11/18/travel/escapes/a-stones-throw-from-history.html>.

Essex Historical Society



CT Valley Manufacturing Co., now Centerbrook Architects. Courtesy of Essex Historical Society.

Join Essex Historical Society at these summer and fall programs:

June – Sept., Fridays, Saturdays and Sundays, 1 – 4 pm, Pratt House, 19 West Avenue: Visit the historic 1732 Pratt House, barn, museum shop, kitchen garden, community garden and lovely grounds of Essex’s only historic house museum. Free guided tours.

July 28, 29, & 30: EHS’s annual *Walking Weekend* features our popular walking tours:

July 28 at 7 pm, please meet at the Pratt House, 19 West Avenue, for a trip down West Ave. and Prospect Street to explore the histories behind the structures of “Pound Hill” including several 19th century churches, Hills Academy, the Old Firehouse and more.

July 29 at 10 am, please meet at Ivoryton Library for an in-depth look at the historic village of Ivoryton, from its beginnings as a company town surrounding the Comstock-Cheney Co., the stories of 19th century immigration, the striking examples of Victorian architecture and

its unique cultural attractions. Led by Chris Pagliuco.

NEW! July 29 at 1 pm, please meet at Essex Elementary School for our newest walk of Centerbrook to learn of its early farming days as Essex’s oldest village and its later manufacturing development powered by the Falls River. Led by Brenda Milkofsky.

July 30 at 7 pm, the final tour will meet at the Foot of Main Street, Essex, for a trip down Main Street to capture the rich maritime history of 18th century “Potapaug,” its working waterfront and ship-building prominence in the early 19th century as well.

Each walk is a separate event. EHS’s trained, knowledgeable guides will lead an hour+ long tour over fairly level, paved terrain. Each tour is \$5 per person and open to the public; free for EHS members.

September 17 at 2:00 pm, Tri-Town Vintage Baseball Game, Devitt Field, 245 South Main Street, Deep River. Root, root, root for your home team of Essex, Chester or Deep River in this annual Fall Classic played by 1857 rules. Sponsored by the historical societies of Chester, Deep River and Essex. Free.

Talks co-sponsored with Essex Land Trust on Native American Archaeological History:

Oct. 4, 7 pm: Dr. Lucianne Lanvin, at Essex Town Hall

Nov. 2, 7 pm: Dr. Nick Bellantoni, Deep River Carriage House

Oct. 14, 11 am – 2 pm: Annual Antique Auto Show & Tour, Pratt House, 10 West Ave.

Oct. 22, 4 pm, EHS Annual Meeting, Incarnation Center, Ivoryton.

For more information, please visit www.essexhistory.org or call (860) 767-0681.

Essex Community Fund - Longevity Among the Board

We'd like to introduce you to a few of our long-time Board members:

DARWYN AZZINARO has been involved with ECF for seven years, as a Board member or Committee member. He's served as President and currently is chair for the Donor Relations Committee. He works for a consulting company in Groton that creates and installs project management software. Darwyn and his wife, Jodi, have lived in Ivoryton for 16 years and have two teenage children. He also volunteers with Essex Boy Scouts and The Project Management Institute and enjoys spending his free time with family, near and far.

JACKIE DOANE joined ECF seven years ago, serving as Secretary, Vice President and President, and now as Treasurer. She and her husband, Bill, an Essex native, have three adult sons – Tucker (Galveston, TX), Justus (Newport News, VA) and William (a sophomore at Wentworth in Boston). Now empty-nesters, they

share their home with two happy dogs, Lucy and Max. Jackie works at Reclamation Lumber in New Haven. She is a long-standing member of the Essex Garden Club. She loves spending time with family, requiring lots of traveling lately.

JEAN SCHNEIDER became involved with ECF six years ago, serving as Secretary, Treasurer and currently is almost through her term as President. She and her husband, Dean, have lived in Ivoryton for 30 years and have two adult children, Megan and Will. She is the Office Manager for Page Taft Christie's IRE in Essex. Prior to joining ECF, Jean served on The Ivoryton Library Board and was a Girl Scout Leader. She enjoys gardening, sewing, reading and being with her family.

Looking to help our community? Consider joining our Board - contact a Board member for more information. Visit our website to learn more about ECF: www.essexcommunityfund.org.

Essex Land Trust - Calendar of Events

Essex Land Trust events are free and open to the general public. For more information, contact Judy Saunders at: judith.saunders@comcast.net.

Butterfly Garden Party - Thursday, July 20, 5:30 pm - Cross Lots Preserve, 40 West

Avenue. Join us for an early evening exploration of ELT's butterfly habitat with Anne Penniman. Bring your favorite beverage. Snacks will be provided. Rain date: Thursday, July 27.

Hike Turtle Creek Preserve - Saturday,

August 12, 9 am - Watrous Point Road, Old Saybrook. One of the coolest places to hike on a warm summer day, these 92 forested acres, on both South Cove and The Connecticut River, are owned by The Nature Conservancy. Easy to moderate hiking.

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We invite you to learn more about how you can support your community. Visit us at www.MiddlesexCountyCF.org or call us at 860-347-0025.



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Leashed dogs welcome. Access off Watrous Point Road (Rt.154), Old Saybrook. Bad weather cancels.

Challenging hike in the Preserve -

Saturday, September 9, 9 am - West Parking Lot off Ingham Hill Road, Essex. Join us for a fast pace, challenging hike through the Preserve, starting in Essex to Old Saybrook with Chris Cryder who will guide you through the history of the Thousand Acres Preserve. Leave from the second/west entrance off of Ingham Hill Rd. 2 hour duration. Easy to moderate terrain. Hiking boots suggested. Bad weather cancels.

Source to Sea Clean Up - Saturday, September 30, 9 am - Great Meadow, off River Road. Join in helping us clean the shores and marshes of our beautiful CT River. The event, coordinated by ELT and sponsored by the CT River Watershed Council, will also be conducted simultaneously by volunteers along the length of the river from Old Saybrook to Canada. Meet for your assignment at the Essex Boat Club (dirt road access between #143 and #145 River Rd., the lane that also serves Pettipaug Yacht Club). Wear waterproof boots and come rain or shine. Refreshments will be served. All ages and abilities are welcome.

Connecticut River Valley Indigenous People - Wednesday, October 4, 7:00 pm, Essex Town Hall, 29 West Avenue. Learn about the rich histories of Connecticut's first land stewards, vibrant Native Indian cultures just before and after European contact. Dr. Lucianne Lavin, anthropologist and archaeologist is the Director of Research

and Collections at the Institute of American Indian Studies in Washington, Ct. Her lecture will focus particularly on the Wampanoag, a populous, powerful tribe with homelands on both sides of the Connecticut River Valley This lecture is co-sponsored by the Essex Historical Society, Deep River Historical Society and the Deep River Land Trust.

8th Annual Ivoryton Pumpkin Chase - Saturday, October 21, 7:30 am - Register at Ivoryton Village Green. Co-sponsored in part by the Essex Land Trust, the Ivoryton Pumpkin Chase will benefit the Library and its programs. The 5K-race course winds through Ivoryton Village and the Essex Land Trust's Falls River Preserve. 5K prizes awarded in 10 age groups. Runners 8 and under running in the Kids' Fun Run will be given medals and invited to stay for craft and story time. Registration begins at the Ivoryton Village Green at 7:30 am. Race starts at 8:45 am for children and at 9:15 am for adults. Parking is available in designated lots. Rain or shine.

Geology Cruise on the Connecticut River - Wednesday, October 25, 1:30 pm - Eagle Landing State Park, Haddam. Enjoy a fall cruise with Ralph Lewis, former CT state geologist, who will lead our trip down the CT River to explore ancient geological formations. BYO picnic/beverage. Reservations required: \$30/person. Limited spaces available. Save your seat by emailing Judy Saunders: judith.saunders@comcast.net. Eagle Landing State Park is located in Haddam directly across the river from the Goodspeed Theatre. Bad weather cancels.

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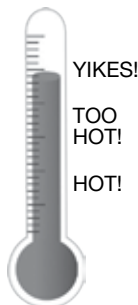
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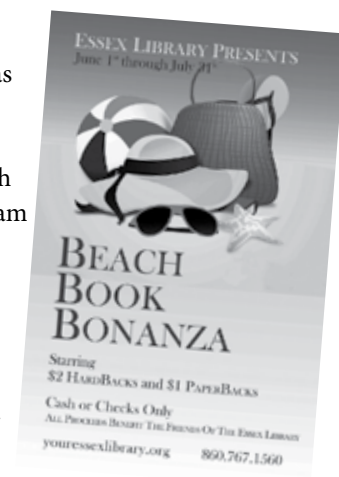
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Essex Library

ACTIVITIES

Summer's here and, as always, the Essex Library has plenty of activities planned for both adults and children. Programs for adults will include daytime and evening screenings of popular films, many with World War I themes, in our air-conditioned Program Room, and a lecture on CT River Valley Folklore followed by a guided hike in Devil's Hopyard State Park. Author talks include James Benn with *The Devouring* and a new book by Centerbrook Architect partners titled *Centerbrook 4*. The architecture lecture series will kick off its 10th year in September with RISD Professor James Barnes on illustrating Victorian Houses and House Plans followed by talks from Norwegians Alexandria Algard and Todd Saunders. Amanda Goodheart Parks, from the New England Air Museum will deliver "Sweethearts At Sea," an illustrated talk about a married couple who defied tradition by going to sea together aboard whaleships.



The Children's Department is a great place to cool off after a visit to the playground and will also be featuring special programs like Digital Photography for Kids, a Book Club for VRHS students, and a visit from the Hartford Yard Goats' mascot. Summer Reading will feature a new wrinkle this year – an art show that will be displayed during the month of August. A record breaking number of children participated last year, and we expect a similar response this year. The Summer Reading wrap up party is scheduled to take place on August 10.

We frequently add new programs and services so be sure to check our website - www.youressexlibrary.org - on a regular basis to see what's coming up. If you're not already a subscriber be sure to sign up for E-Lations, our monthly online newsletter, which you can also do through our website.

BACK BY POPULAR DEMAND: A FESTIVAL OF DINNER PARTIES BENEFITS THE ESSEX LIBRARY

What if you gave a dinner party – or 15 – and everyone who loves the library came? That's what's happening when the Essex Library throws its gala Festival of Dinner Parties on September 9th. This event was so successful in 2014 that area residents have been urging the Friends of the Library to have this special event again this year. The festivities kick off with an elegant pre-dinner reception. The library will be transformed with fall flowers as guests mingle and enjoy aperitifs and hors d'oeuvres.



At 6:30 pm the real fun begins when guests learn the names of their hosts and where they will be attending their dinner parties. Guests will then depart for their destinations at one of more than 15 charming private homes in the town of Essex.

The Essex Library is unique in that it serves as a public library open to all, but gets more than half of its funding from private donors and through events like the Festival of Dinner Parties. Tickets for the Festival are \$75 per person or \$150 per couple and are available at the library at 33 West Avenue. Individuals and couples are welcomed. For more information, call Essex Library Director Richard Conroy at 860-767-1560.



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Friends of the Essex Library thank all who helped make our Spring Book Sale a huge success. We appreciate the hundreds of books that were contributed and thank those who purchased our various sales items. Many of you are familiar faces and your on-going support is noticed and appreciated.

We would be remiss in not extending special appreciation to the seven Valley Regional National Honor Society students, the Community Services Team and several younger students who, with unending energy and strong backs, carried boxes of books to and from the book shed and onto and off of the sales tables. Thank you!



We encourage you to stop by the library anytime between June 1 and July 31 for our Summer Beach Books Bonanza. Hardcover are \$2 and paper backs are \$1. Books have been culled for light, easy summer reading, perfect for the beach, the mountains, a car, train or plane ride, or anywhere your summer takes you. Bring a few along.

We have been accumulating many kids' books, games and activities that will be featured in August, just in time for end-of-summer fun. And don't forget our annual Fall Book Sale October 14, with a Bag-of-Books sale continuing on the 16th. Now more than ever, your support is needed and deeply appreciated.

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- Help fill available spaces and bring in new companies/organizations
- Help existing organizations grow and stay in Essex.
- Be involved in the alignment of Planning and Zoning while promoting economic development
- Be a voice for existing organizations and prospective organizations to help streamline the regulatory process
- Be the facilitator for economic growth

Susan Malan is our Economic Development Consultant. She works closely with our Land Use officials and has helped many current and prospective businesses navigate the local regulatory processes. Susan also attends regular meetings of the Middlesex County Chamber of Commerce,

ad hoc Middlesex Economic Developers, Essex Board of Trade, Ivoryton Alliance and other economic impact groups and reports back to us on pertinent information. If you have information for Susan or need her help, you can contact her at 860-767-4340 x 220 or smalan@essexct.gov.

WE NEED YOUR HELP TO MAKE ESSEX THE BEST IT CAN BE!

We'd like to hear your suggestions on how to improve and expand the business environment in our three villages. That's why we invite you to attend our meetings. The EDC meets on the second Wednesday of each month at 4:00 pm at the Essex Town Hall.

You are welcome to send us a message on our page of the EssexCT.gov website. Our meeting minutes and agendas are posted there as well. Go to <http://www.essexct.gov/economic-development-commission>.

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Member of National Assoc. of Dance and
the Affiliated Arts (NADAA).



Summer Eye Health

Summer brings numerous eye problems such as burnt corneas, chemicals in eyes, and many more. There are studies that show that long-term exposure to bright sunlight may increase the risk of cataracts and growths on the eye, including cancer. Also, UV rays reflected off sand and water can cause eyes to sunburn, potentially resulting in temporary blindness in just a few hours.

Here are a few tips to ensure eye health during the summer months:

WEAR SUNGLASSES WITH UV PROTECTION

Most people already know to use sunscreen during the summer to protect their skin against UV rays but our eyes need the same protection. The best way to protect against harmful AVA and UVB rays is to wear sunglasses with protection from both. It's also important to note that sunglasses need to worn even on cloudy days.

USE GOGGLES AT POOLS

The chlorine that is in most pools is designed to protect you from germs, but has the potential to be harmful for your eyes.

WEAR EYE PROTECTION DOING HOME PROJECTS

It is important to remember to shield your eyes even during simple home improvement and maintenance, like mowing your lawn. Rocks and other debris commonly fly up and into your eyes.

USE EYE DROPS

To soothe dry and tired eyes during the summer, it is best to use artificial tears. Despite best attempts sometimes your eyes are irritated or in discomfort.

GIVE YOUR EYES A REST

If you spend a lot of time at the computer or focusing on any one thing, you sometimes forget to blink and your eyes can get fatigued. Try the 20-20-20 rule: Every 20 minutes, look away about 20 feet in front of you for 20 seconds. This can help reduce eyestrain.

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Westbrook, CT
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Betsy D'Amico	x145	bdamico@essexct.gov

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LANDFILL/RECYCLING CENTER

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Bill Armstead		

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Kaiulani Recchia	x148	krecchia@essexct.gov

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Richard Gallacher, Ryan Welch		

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ESSEX POLICE	860-767-1054	
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Todd Belcourt		tbelcourt@essexct.gov
Karen Reilly		kreilly@essexct.gov
Christopher McCarthy		cmccarthy@essexct.gov

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Yvonne Roziak, Assistant	x128	yroziak@essexct.gov

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Ivoryton Library

SUMMER READING FOR CHILDREN IS IN FULL SWING!

These weekly programs continue through August 17. Please join us!

Thursday Morning Story Times - 10:00 am – stories, crafts and lawn games

Thursday Lego Fun Hour - 4:00 pm - free-build or choose a challenge card

Special Children's Events in August:

Saturday, August 5 & September 2 – 10-1:30 - join us at the Farmer's Market for Lawnpalooza games!

End of Summer Reading Family Festival at the Ivoryton Green – Saturday, August 19, 10-12 noon. Judi Ann Jones is back for another great Hula Hoop program. Enter the raffle to win a Hula Hoop! Prize packages for all who turn in their reading logs!

Welcome to Kindergarten Party - Thursday, August 24th, 11 am. Join us for our annual party to meet fellow classmates, hear stories and have a special treat!

Please call Elizabeth Bartlett for more information on these programs and to reserve a space!

8th Annual Pumpkin Chase - Saturday, October 21.

Registration is open for this fun 5K through Ivoryton and the Falls River Preserve.

Registration form, map and link to online registration are all online at www.ivoryton.com.

Return for the Haunted Library at the Ivoryton Village Pumpkin Festival 5-8 pm!

Local History Room

The Local History Room at the Ivoryton library recently supplied images for a PBS documentary Africa's Great Civilizations, for an educational exhibit at the US Fish and Wildlife Training Center in Virginia and for Wild Daze, a documentary on ecocide in Africa. We also are planning our next library exhibit: Then and Now: Along Main Street. We are always on the lookout for images, items and other memorabilia on Ivoryton's colorful history. Do you have anything to share or to donate? Ideas for upcoming programs? Please call Elizabeth Alvord.

The Ivoryton Library is located at 106 Main St in Ivoryton, mailing is PO Box 515. Contact us at 860-767-1252 or staff@ivoryton.com. Visit us on the web at ivoryton.com or Facebook.

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Essex - Community Listings

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- All Saints Episcopal Church..... (860) 767-1698
- First Baptist Church..... (860) 767-8623
- First Congregational Church (860) 767-8097
- Ivoryton Congregational Church..... (860) 767-1004
- Our Lady of Sorrows Church (860) 767-1284
- St. John's Episcopal Church..... (860) 767-8095
- Trinity Lutheran Church (860) 767-0228

CLUBS AND ORGANIZATIONS

- Ancient Order of Weeders..... (860) 767-2700
- Democratic Town Committee..... (860) 767-7665
- Community Foundation of Middlesex County..... (860) 347-0025
- Essex Board of Trade..... (860) 767-3904
- Essex Boy Scouts of America (860) 304-9027
- Essex Community Fund..... (860) 304-2751
- Essex Cub Scouts of America (860) 790-0681
- Essex Garden Club (860) 767-2860
- Essex Historical Society (860) 767-0681

- Essex Land Trust..... (860) 767-7355
- Essex Little League..... www.essexlittleleague.org
- Essex Veterans Memorial Hall (860) 767-8892
- F.I.S.H. (860) 388-2693
- Ivoryton Company of Fifers & Drummers..... (860) 767-2237
- Lower Valley Visiting Nurses (860) 767-0186
- Republican Town Committee..... (860) 510-8318
- SCORE (860) 388-9508
- The Shoreline Soup Kitchens (860) 388-1988
- Tri-Town Youth Services Bureau (860) 526-3600
- 9 Town Transit (860) 510-0429

SCHOOLS

- Beanstalk Preschool & Childcare..... (860) 767-3308
- Essex Elementary School..... (860) 767-8215
- John Winthrop Middle School (860) 526-9546
- Superintendent..... (860) 526-2417
- Valley Regional High School..... (860) 526-5328



Tri-Town Youth Services

BECOME A MENTOR

Tri-Town Youth Services has been talking with local residents, school staff, business leaders, clergy and young people, to get a better sense of what families need right now, so that we may offer the best programs and services to our neighbors. During these conversations, something became clear: we need more mentors!

An overwhelming amount of research shows that the key to a young person's success, achievement and resiliency is the presence of at least one caring adult in their lives. More than anything, it is the consistent, positive, supportive adult relationships that help young people overcome life's challenges and thrive.

As a small community- with a large adult and retiree population- we have the capacity to ensure that every child in need of a mentor in the Tri-Town area is paired with one. With support from the CT Mentoring Partnership and Nutmeg Big Brothers Big Sisters, Tri-Town Youth

Services is developing a system for recruiting, training and pairing mentors with local kids. Whether you are interested in a short-term project working side-by-side with youth, or a longer-term commitment to support one young person in need of some extra care and attention, we would like to hear from you.

We have new opportunities for teens to become mentors, too. Tri-Town's Reach out! Program pairs Valley girls with elementary school girls. They meet afterschool once/week for snacks, games, crafts and conversation. The participants, their families and school social workers are thrilled with the program, but there is a need for more! We would like to expand to create a Reach out! for boys. We are looking for at least five male Valley students who can help us design and pilot this new program next school year.

If you are interested in mentoring a child or teen, please contact Allison Abramson, Executive Director at 860-526-3600.

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25th Annual Craft Fair on Essex Green

On Saturday August 19th, the lovely Essex Green will be dotted with festive white canopies as area craftspeople display and sell their handmade art at the annual Craft Fair sponsored by the First Baptist Church in Essex.

Townsppeople and visitors for 25 years have strolled the green enjoying the many and rarified offerings during this annual event, finding thoughtful, unique items for themselves and for Christmas giving at this enjoyable outdoor marketplace.

From the gazebo aromas of chili dogs and taco salads let it be known that lunch is being prepared. The bake sale features delicious home baked items. Homemade jams and preserves including the very popular Hot Pepper Jelly are also available.

Come enjoy the beauty of Essex on August 19, with its charm and history. And stop by for a few minutes at the Craft Fair and support our local artists and crafters.

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Mission Statement

The mission of Essex Animal Control Officer is to provide the citizens of Essex with effective and cost-efficient Animal Control services through the active enforcement of state and local laws, and the promotion of responsible pet ownership and animal welfare.

The primary objective of the animal control officer is to provide quality service to our residents, while improving the co-existence of animals and humans.

Jae Wolf
Acting Animal Control Officer
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Essex Printing Winner In New England Regional Printing Awards Of Excellence Competition



Essex Printing has again been honored for the quality of its work. On April 5th, the Print Industries of New England (PINE) announced Essex Printing as an Awards of Excellence winner in the Association's Awards of Excellence competition. The announcement was made during PINE's Industry Awards Gala, held at the Mechanics Hall in Worcester, MA, with hundreds of industry professionals in attendance. The Awards of Excellence Competition attracted over 320 entries from 41 printing and imaging companies across New England competing in a variety of printing and graphic communications categories such as best annual report, direct mail campaign, labels & packaging, and more.

"We are honored that PINE has again selected Essex Printing for this prestigious distinction. Consistently winning Pinnacle Awards means that the company and its employees demonstrate a deep commitment to the company's customers and the quality of work produced on a day in and day out basis," said William McMinn, President of Essex Printing. "We look forward to continuing to meet our customers' needs and objectives with top quality print and customer service."

The competition marks the 5th year in a row that PINE has recognized Essex Printing with awards for the quality of the Company's work, for a total of 13 awards – including an International Benny Award in 2014.



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The Connecticut River Museum



The Connecticut River Museum offers a number of exhibits, programs and events to help make your family's summer great! In addition to two floors of permanent exhibits, the Museum's latest exhibit Connecticut's Founding Fish chronicles the life history of American Shad as well as the large fishery on the Connecticut River that developed to harvest them. Come August, the third floor will host an all new art exhibit, Long Tidal River: Four Artists, Four States, featuring the work of artists from each Connecticut River state who have drawn inspiration from New England's Great River. Visitors to the Museum can get out on the River itself by taking an afternoon or evening sail aboard Onrust, a replica of Adriaen Block's 1614 vessel that was the first ever to sail up the Connecticut River, and for those more interested in a self-guided river excursion canoes, kayaks, and paddleboards are also available to rent by reservation Thursday through Monday.

The riverside location of the Museum allows for unique outdoor events, like the popular Theater Along the River performances. The evening of July 29th will see Flock Theatre return to the Lay House lawn, which overlooks beautiful Essex harbor, to present Shakespeare's The Tempest. Get into the swing of summer on Thursday evenings from July 6th to August 31st, as the Museum hosts Thursdays on the Dock, a free concert series on the Museum's lawn. Bring a picnic blanket and food, and enjoy a different musical act each week! Throughout the summer, there's always something fun to do at the Connecticut River Museum! Call 860-767-8269 or visit ctrivermuseum.org for more information.

Photo credit: The Onrust is at the Museum dock for public cruises until mid-October. Photo by Judy Preston.



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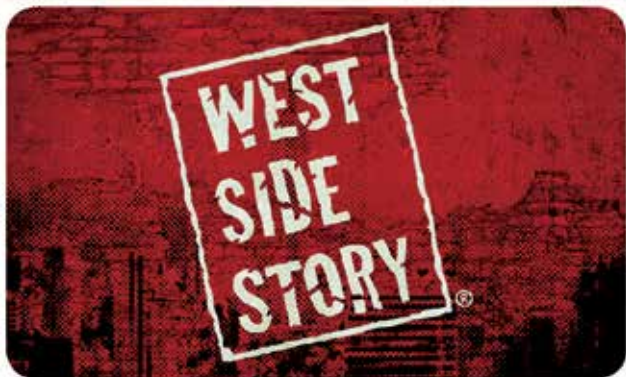
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The Sharks and the Jets are on stage once more for this powerful and gripping ode to Romeo and Juliet. Based on a conception by Jerome Robbins. Additional matinee: Saturday, July 29th at 2 pm.



Saturday Night Fever:

The Musical bursts onto the stage from August 9 – September 3. Based on the Paramount/RSO Film and Story by Nik Cohn, this musical tells the story of Brooklyn-born Tony Manero who loves to dance and he's about to enter a dance competition and fall in love! It's the late 1970's and disco is here! Featuring the songs of the Bee Gees! Additional matinees: Saturday, August 19 at 2pm and Saturday, September 2 at 2pm. The Saturday Night Fever party continues under the tent for ticket holders to the Saturday night performances on August 12, 19, 26 and September 2.

DISCO INFERNO nightclub and bar will be open under the tent – stay and boogie to the hottest disco tracks 'til midnight! Saturday Night Fever ticket holders only.

Waiting in the wings: I Hate Musicals: The Musical

A world premiere by The Simpsons writer and producer Mike Reiss (September 27 - October 15) and Ken Ludwig's The Game's Afoot (November 1 – November 19).

Want to introduce your little ones to live theatre?

We have Summer Children's Theatre performances featuring *Jack & Jill* by the Blashford Bro. Puppet Co. on July 21, Casey Carl's *Bubblemania* on July 28 and *The Comedy Magic of Danny Diamond* on August 25!

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Our Boys, Our Community



young men throughout Middlesex County.

You too can help at-risk boys when you attend the At-Risk Boys Fund's biggest fundraising event of the year – the third annual Cruise Blues & Brews Festival on Saturday, September 30th from 10 am to 4 pm at the Chester Fair Grounds. You and your family will enjoy a great fall festival and you will be helping the At-Risk Boys Fund do its incredible work assisting boys and young men to achieve a better life.

How many boys we can help is up to you.

It's easy to see that we live in a culturally rich and beautiful community. It's not as easy to see that our communities are also home to boys and young men who are in at-risk situations.

That's why the At-Risk Boys Fund at the Community Foundation of Middlesex County is so important. Through the Community Foundation, the At-Risk Boys Fund has provided grants that have helped sixth-grade boys find their self-worth and success in school. The fund helped teenage boys and police build positive interaction instead of skills confrontation. The fund has even provided temporary shelter for boys and their families. These are just some examples of how the At-Risk Boys Fund and the people who support it have improved the lives of boys and

By Bill Guerra, Volunteer Chair

At-Risk Boys Fundraising Committee Festival

Details: 3rd Annual Cruise Blues & Brews, Saturday September 30 at the Chester Fair Grounds from 10 am to 4 pm (rain date October 1st). A fun-filled family event featuring antique and unique cars, the area's top blues bands, craft beer, up-scale food trucks, marketplace of vendors, kids play area, games, prizes and surprises. For additional information and to purchase tickets at \$5 (kids under 12 free) go to www.atriskboysfund.org.

All proceeds benefit the At-Risk Boys Fund at the Community Foundation of Middlesex County.





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Superb 3 Ac residential lot with 230' of waterfront. Overlooks Essex Village and CT River. Walk to Village. Open field & wooded. High & dry no flood insurance needed. Amazing Opportunity. Offered at **\$1,100,000**



OLD SAYBROOK • HISTORIC SALTBOX c1671-Yale Univ. 1702 Graduation held here! Impeccable renovation. Wideboard floors, original beams, Seamless union of old and new. 3BR, 2.5 Baths, lovely new kitchen. Sited on a .67 Ac lot in town. Stunning! Offered at **\$774,900**



ESSEX • VILLAGE GEM!
This gracious residence is located in the Heart of the Village. Elegant LR w/3 Arched windows & builtins, formal DR w/tp, kitchen w/Beautiful MBR suite, Guest Suite over garage. Professionally landscaped yard. Extraordinary. Offered at **\$699,000**



ESSEX • GORGEOUS RANCH
Absolutely immaculate. This one level home is superb. Renovated kitchen & baths, wood floors, LR w/FP, formal DR with cathedral ceiling, built-ins and numerous upgrades. 1.4 Ac, 2 car garage. Perfection! Offered at **\$545,000**



ESSEX • STATELY FEDERAL
Historic Federal in fabulous Village location. Spacious home with lovely level yard, LR with FP, large family room, formal DR, klaff kitchen, 3-4 BR, 3 Baths, pretty patio. Garage. Offered at **\$625,000**



KILLINGWORTH • FABULOUS POST & BEAM ON 6.4 ACRES
10 rooms - 4 Bedrooms, 3 Baths, first floor master with cathedral ceiling, large decks, 3 bay barn/garage. Perfect property for horse and animal lovers. Offered at **\$575,000**



ESSEX • PERFECT PIED-E-TERRE
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The Day
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BE PREPARED FOR SUMMER

Summer is here and the kids are enjoying summer vacation. Many will travel and experience outdoor activities. It is a good time to make sure that your family is ready to be “Safe for Life.” The National Safety Council offers many tips for improving safety in our everyday life. Focus on a different safety topic each week and be prepared to stay safe this summer!

Week 1: Stand Ready to Respond

- Learn CPR and first aid
- Check your emergency preparedness kit and restock expired supplies
- Check smoke detectors
- Design an emergency escape plan in case of fire
- Keep emergency numbers handy

Week 2: Be Healthy

- Make sure your doctor knows all the medications you take even over the counter supplements to avoid interactions
- Eat plenty of fruits and vegetables and drink plenty of water
- Ask for alternative pain relievers to Opioid painkillers

Week 3: Watch Out for Dangers

- Stay alert: DON'T TEXT WHILE WALKING
- Prevent falls by clearing and maintaining pathways and installing adequate lighting and nightlights
- Supervise children at all times when near water or camp fires
- Store toxic substances out of reach of pets and children
- When visiting a crowded area determine a meeting place should you get separated

Week 4: Share Roads Safely

- Never use your cell phone while behind the wheel
- Designate an alcohol and drug- free driver
- Don't drive when fatigued
- Drive with your teens to give them plenty of practice even when they are licensed

Here are some links to more important safety information for you and your family. Safe for Life www.nsc.org/safe4life <http://www.nsc.org/act/events/Pages/national-safety-month.aspx?var=hpnsn>. Call Visiting Nurses of the Lower Valley with any questions, 860-767-0186, we are here to serve!

ABOUT VISITING NURSES OF THE LOWER VALLEY

Visiting Nurses of the Lower Valley, Inc. is a not-for-profit, Medicare and Medicaid home health care organization serving Deep River, Essex, Chester and the Lower Valley region. Please check their website www.visitingnurses.org or call (860) 767-0186 for service information.



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1 Word, 1 Voice, 1 Life...

As a therapist, there are few moments that cause as much alarm as when a client shares that they have considered taking their own life. Connecticut's current campaign, Suicide Prevention Plan 2020 presented in December 2014, focuses on this tragic public health and mental health issue. The report states that Connecticut has one of the lowest suicide rates in the US; however, suicide awareness and prevention needs to remain in the forefront of our community discussions in order to continue effect work towards the elimination and reduction of suicide and suicide-related behaviors.

"1 Word, 1 Voice, 1 Life ... Be the 1 to start the conversation" is the motto of Connecticut's 2012 suicide media campaign. Suicide is the 10th leading cause of death, responsible for approximately 41,000 deaths each year and this number is rising. The state report notes that for every person who completes a death by suicide, there are 30 others who have a suicide attempt.

While many people may have thoughts of death, the risk of suicide is more likely if the person indicates having considered or created an actual plan. Feelings of helplessness, hopelessness and worthlessness are very often experienced when someone is considering suicide as a way to either resolve their problem or end their pain. It's important to note that suicide warning signs can be different based on a person's age.

The Netflix series "13 Reasons Why" released earlier this year ignited the discussion and increased awareness of suicide among the teenage population.

The number to the National Suicide Prevention Lifeline is 1-800-273-8255 and is answered 24 hours every day. The service is free and confidential.

http://www.sprc.org/sites/default/files/Conn_Suicide-Prevention-Plan-2020.pdf

<http://www.webmd.com/mental-health/tc/suicidal-thoughts-or-threats-topic-overview#1>

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Middlesex Wellness & Mediation, LLC
Connecticut Regional Mental Health Board - CAC10



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The Top 5 Things an Executor Should Do

The Top 5 Things an Executor Should Do in the First Week After Someone Dies

1 - Monitor the Home

- Keep an eye on the decedent's home, answer phone messages, collect mail, discard food, and water plants.
- If necessary, change the locks.
- Don't give away any personal property in this first week.

2 - Arrange for Burial or Cremation

- Search the decedent's papers to determine whether they have a prepaid funeral contract or burial plan.

3 - Decide how you will pay for the funeral and memorial service.

Unless the decedent made you the joint owner of a bank account, you and close

family will need to front these costs and get reimbursed from the estate.

4 - Prepare the funeral service.

In some religious faiths, the funeral service occurs soon after death.

- Find any directions from the decedent in this regard.
- Visit with the clergy member to review the service.
- Prepare remembrances and gather photos for the wake and the funeral reception.
- Contact the restaurant or other venue at which you want to hold the reception.
- If appropriate, write a eulogy or delegate this task to someone.

5 - Prepare an obituary.

It will mean a lot to the family if you take the time to prepare an

obituary well.

- Send the obituary to the local newspaper.
- Gather Important Documents. Get at least 10 original death certificates. The funeral home will usually order these certificates for you.
- Find the Will, any Trust Agreement, the latest bank account statements, investment statements, deeds, birth certificate, marriage certificate, divorce decree (if any), Social Security information, life insurance policies, certificates of title to vehicles and keys to the safe deposit box or home safe.

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Weighing In

Middlesex Hospital's Center for Weight Loss Surgery can help patients reduce the risk and severity of their weight-related problems and improve their quality of life.

Weight loss surgery is sometimes the best option for patients when they've tried more conservative ways to control weight and failed. Surgery options can include gastric bypass, LAP-BAND® and sleeve surgery.

Weight loss surgery is only for those diagnosed with clinically severe or morbid obesity. Doctors will review your medical history to determine if it's the best option for you.

Morbid obesity is a serious, chronic disease that affects more than 25 percent of American adults and 14 percent of American children. Every day, more than 1,000 people in the United States will die from obesity and related health conditions. People who are

obese also have an increased risk of developing diabetes, heart disease and respiratory illnesses.

Middlesex Hospital's Center for Weight Loss Surgery has earned the American Society of Metabolic and Bariatric Surgery's Center of Excellence designation for its demonstrated track record of favorable outcomes following bariatric surgery procedures, a designation that gives patients extra peace of mind.

The center recognizes that having weight loss surgery is a big decision. In addition to providing high quality medical care, the center facilitates support groups. This gives patients a chance to gain insight from a dietitian and psychologist before having surgery. It also allows them to connect with other patients after surgery.

For more information, or to find a weight loss surgeon, visit www.middlesexhospital.org or call 860-548-2394.

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ESSEX: Classically modern 4 BR, 2.1 bath Colonial located on 1 acre within walking distance to the village. 3 FPs, 2 gas; beautiful cherry Kitchen with Wolf, Viking and Dacor appliances. \$629,000

Maureen O'Grady, x3112



ESSEX: Located along the banks of the Falls River enjoying tranquil water views, this gracious 1800's Colonial has been modernized with the original character remaining. 3 BRs, 2.1 baths. 625,000

John O'Grady x3111



ESSEX: Move right in to this charming 3 BR, 2.1 bath Colonial. Enjoy the granite/stainless Kitchen with eating bar and breakfast nook. New baths. Freshly painted inside and out. \$385,000

Chip Frost x3112
Ct. River Properties Team



IVORYTON: Spacious Center Hall Colonial with 3 BRs and 2.1 BAs. Open Kitchen and Family Room, finished Bonus Room, full Basement with walkout. 2-car garage. 2.1 acre level lot offers privacy. \$329,000

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Essex Foundation Continues Beautification Work

Trees Planted Along Intersection of Route 154 and 153

The Essex Foundation recently completed the first phase of a multi-phase landscape plan for the grounds surrounding the newly painted bridge in the Route 9/ Exit 3 underpass area of Essex. Twelve Chanticleer pear trees were planted on the state-owned land south of the Route 154 and Route 153 intersection, directly across from the Essex Fire Department station and commuter lot. The charitable organization contracted with Matthew Verry, a graduate of the University of Connecticut's Landscape Architecture program, for the planning and coordination of the work. His company, Matthew Verry Landscape Design, provided the landscape design and oversight of the state approval and installation bid process. Sullivan Lawn Services, LLC was hired for the installation work.

The Chanticleer pear tree was selected for its beauty and hardiness. It is one of the most profuse flowering trees with a narrow,



As part of the Essex Foundation's gateway beautification project, Chanticleer pear trees were planted along Route 154 in Essex by a Sullivan Lawn Services installation crew.

tailored appearance. It tolerates many urban conditions, making it a popular street tree choice where spread may be a bit limited. The next phase of the landscape beautifica-

tion, which includes planting of low growing, low maintenance evergreen and perennial ornamentals in the southeast corner of the gateway area, is also targeted

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for completion this spring. Funds for the cost of the planning, design, tree/plant purchase and installation were provided through a bequest to the Essex Foundation by the late Elizabeth "Diz" Barnes Callender and her predeceased sister Mary Frances Barnes.

"The gateway beautification has been a true community effort," stated Bruce Glowac, Chairman of the Essex Foundation Board of Trustees. "It is exactly the type of project we like to get behind – somewhat unique, requiring relatively quick action. It's also nice that the impact can be seen immediately. Now that the bridge painting is complete, the trees are installed, and the ornamentals are being planted."

The Essex Foundation was founded in 1970 through an open-ended bequest to benefit the town. Board members are dedicated to making a difference in the lives of Essex citizens by providing medical, educational, social, welfare, cultural, recreational, and civic support. Thanks to the Foundation's endowment, as well as the many donations received from individuals, businesses and other organizations, the Essex Foundation is able to provide "seed money" for new services and to allocate funds to fill needs not met by other organizations or sources. In general, funds are granted for special purposes, including buildings, equipment, land, and programs, but not to recurring expenses. More information can be found at www.theessexfoundation.org.

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FISH (Friends In Service Here)

FISH was founded locally in 1970 to provide free rides to medical appointments for residents of Essex, Deep River and Chester. The officers for 2017 are: Henry May, President; Stuart Warner, Vice president; Ali Nichols, Secretary; Barbara Ryan, Treasurer and Dana Hill, Driver Recruitment. Dispatchers are John Heiser and Tony Carrano.

Residents of our three towns wanting rides and having no other means of transportation may call 860-388-2693 up to noon the day before their appointment (Friday noon for a Monday ride) to schedule a ride for the following day. The destinations are within the triangle of Middletown to the north, Guilford to the west and New London to the east.

For the 1st half of 2017, FISH drivers provided over 400 free rides, of which about 1/2 were for residents of Essex. The modest budget for FISH is funded by grants from the Essex Community Fund, the Community Foundation of Middlesex County, the Essex Rotary, the Essex Savings Bank, the Deep River Community Health Committee and other organizations, as well as by contributions from our drivers.

Henry May, Driver and President

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White Wines - Steel vs. Oak

Steel vs. Oak is a choice made by the winemaker. During the wine making process, white wines are fermented in steel tanks, French oak or American oak barrels and, although not as common, in cement vats. By the mere selection of what type of barrel or tank is used, the wine-maker can impart a particular flavor from that source into the wine. If you are a person who enjoys Pinot Grigios or Sauvignon Blanc, it is the crispness that excites your palette. This also includes citrus and tropical fruit ending with a clean sometimes tart finish. The brightness of these wines are due mostly to the stainless steel tanks. That's not to say that these and other similar wines are never put in oak. They may rest in oak for a few months or small percentages of the wine.

Chardonnays are fermented in stainless steel or oak barrels and then might be aged for 6 months up to a couple of years. This additional aging enhances the flavor of the wine with a rich, woody taste. It may impart flavors of vanilla and sometimes smoky and spicy. This leaves the wine with a full and rich finish.

It is well known in the industry that the use of new oak barrels gives a fuller taste than older or used barrels. Also smaller casks produce more of that oak flavor than larger ones. All of these choices give the winemaker freedom to develop their own unique structure and taste of a particular wine.

Looking for a crisp dry Chardonnay, try a French Chablis. The wine has a mineral and limestone finish, great with seafood. Sauvignon Blanc and Pinot Grigio are an excellent choice if you are having a light dish. Something heavier such as creamy chicken warrants a rich oaky chardonnay.

I hope this has given you a better insight towards white wines and their particular fermentation process. Enjoy your choices, of which there are many.

Art LiPuma
SeaSide Wines and Spirits Manager



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Please visit us at www.ecsenior.org for additional information or call us at 860.388.1611.

ESTUARY BINGO RETURNS – Starting Thursdays, June 15 at 6:30 pm. Doors open at 5:30 pm. Admission, including game package is \$12 per player. Cash prizes! Games will be every Thursday through November 9. All ages welcome.

ESTUARY SHORELINE CHEFS - Sunday, September 24 at Water's Edge in Westbrook. Support Meals on Wheels while enjoying fabulous food provided by local chefs.

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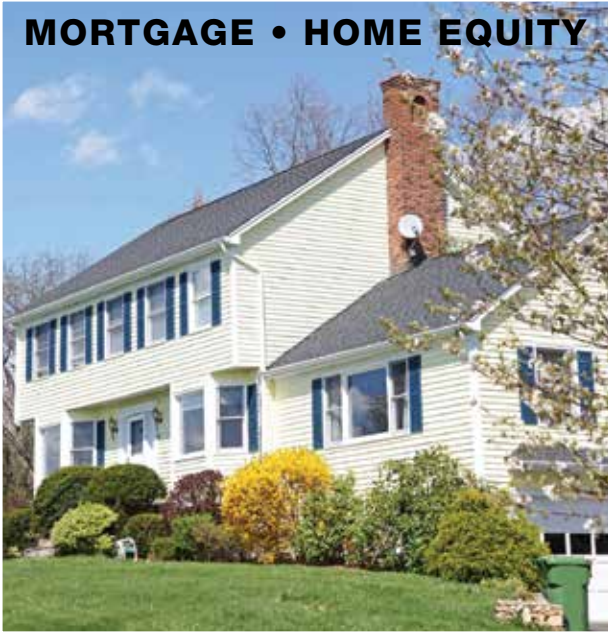
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